Early Learning Foundations

AppChoices of the Month

- Montessori Crosswords \$2.99
- Mad Libs Free
- Splash Math Free or \$9.99 Pick Grade
- **Hungry Fish** Free

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The ELF Report

Fall 2012



From Me to You

Welcome to the first issue of The ELF Report!

The new school year has arrived! The back to school shopping is done and your children are embarking on the next stage of their academic lives.

You have taken the important step to ensure that their school year is the most positive year yet by allowing Early Learning Foundations to be a part of the academic journey.

By being a part of the ELF family we will work together to increase your son's or daughter's academic abilities as well as their confidence in their work and themselves.

We are expanding across Mississauga and Oakville but pride ourselves in getting to know your child's school. We believe that open communication between parents. teachers and tutors is essential to your child's academic success.

Have a wonderful start to your new school year!

Carla Ward, RECE Founder of Early Learning **Foundations**

Reading Corner

Here are some great book suggestions to start off the school year.

Grade 1:

Nate the Great - Marjori Weinman Sharmat

Grade 2:

Creepela von Cacklefur (Geronimo Stilton Series)

- Scholastic

Grade 3

How to Fix a Lie - Nancy Wilcox Richards

Grade 4:

Lemony Snicket's Series of **Unfortunate Events** - Daniel Handler

Grade 5:

Percy Jackson and the **Lightning Thief** - Rick Riordan

Grade 6:

Goosebumps -R.L. Stine





Does grounding your children work?

"If a child knows that a threat does not have a consequence then why would they stop their behavior?"

Editorial: Good Idea/ Bad Idea:

Groundings

In theory grounding your child or putting them in a time out can be a good idea. However like anything it only works if you follow through. It is important for actions to have consequences. Good actions deserve good

Good actions deserve goo consequences. Negative actions deserve negative consequences.

Here are a few tips to turn this potential bad idea into a good one.

1. Use it as a last resort.

Like yelling, children become immune if it happens too often.

2. If you threaten it, be willing to use it.

If a child knows that a threat does not have a consequence then why would they stop their behavior?

3. Follow through!

If you make the threat of grounding your child try to make it reasonable. Never being allowed to watch T.V. again is a hard threat to follow through on. Hopefully in the heat of the argument you are able to make a reasonable consequence for the action. If you threaten no T.V for a week

that means NO T.V FOR A WEEK. Not 3 days after good behaviour. Children are so much smarter than we give them credit for and if you don't follow through the first time you may has well not have wasted your breath with a threat. They will have figured out that 7 days really means much less if they sweeten you up after they've misbehaved.

If the consequence is being sent to their rooms, great! However make sure there isn't too much fun to be had in their bedroom. DS's, iPads and any awesome toys should all be removed as part of the consequence.

Carla Ward

What's Cooking

Pumpkin Ginger Cupcakes from allrecipes.com

This is a great way for you and the kids to welcome the fall season.



2 cups all-purpose flour

1 (3.4 ounces) package of instant butterscotch pudding mix

2 teaspoons baking soda

1/4 teaspoon salt

1 tablespoon ground cinnamon

1/2 teaspoon ground ginger

1/2 teaspoon ground allspice

1/4 teaspoon ground gloves

1/3 finely chopped crystallized ginger

1 cup butter, room temperature

1 cup white sugar

1 cup packed brown sugar

4 eggs

1 teaspoon vanilla extract

1 (15 ounce) can pumpkin puree

Directions

- 1. Preheat an oven to 350 degrees F (175 degrees C). Grease 24 muffin cups, or line with paper muffin liners. Whisk together the flour, pudding mix, baking soda, salt, cinnamon, ground ginger, allspice, cloves, and crystallized ginger in a bowl; set aside.
- 2. Beat the butter, white sugar, and brown sugar with an electric mixer in a large bowl until light and fluffy. The mixture should be noticeably lighter in color. Add the room-temperature eggs one at a time, allowing each egg to blend into the butter mixture before adding the next. Beat in the vanilla and pumpkin puree with the last egg. Stir in the flour mixture, mixing until just incorporated. Pour the batter into the prepared muffin cups.
- 3. Bake in the preheated oven until golden and the tops spring back when lightly pressed, about 20 minutes. Cool in the pans for 10 minutes before removing to cool completely on a wire rack.



Early Learning Foundations

Website: www.elfoundations.com

Twitter: ELF_Tutors

Facebook: Early Learning Foundations

LinkedIn: Carla Ward Phone: 647-206-0963

E-mail: carla.ward@elfoundations.com

FALL PROMOTION

The first 3 families to recommend ELF to their friends will receive a \$50 gift card to Milestones.

Please note that recommended families need to sign on with ELF in order to receive gift card.

Your Neighbourhood Tutor

We are currently tutoring children from the following schools:

Churchill Meadows Derry West Village

Elmcrest P.S

Holy Name of Mary

Homelands P.S

Joshua Creek P.S

Lorne Park P.S

McKinnon P.S

Meadowvale P.S

Middlebury P.S

Munden Park P.S

Osprey Woods

RiverOaks P.S

Sawmill Valley

Settlers Green

Sheridan Park P.S

St. Bernards P.S.

St. Francis of Assissi

Thornlodge P.S

This could be YOUR spot.
Advertise your business to families across Mississauga and Oakville.

Contact Carla Ward for further details